

**215 Participants
are now enrolled!**



GP PRACTICES

Bristol

- Shirehampton Group Medical Practice
- Mendip Vale Medical Practice
- Pioneer Medical Group
- Montpelier Health Centre
- Clevedon Medical Centre
- Horfield Health Centre
- Kingswood Health Centre
- Cadbury Heath Health Centre
- Hanham Health
- Close Farm Surgery
- Gloucester Road Medical Centre
- Nightingale Valley Practice

Wessex

- Westlands Medical Centre
- Liphook & Liss surgeries
- Wareham Surgery
- Swanage Medical Centre
- Wellbridge Practice
- The Bosmere Medical Practice
- Adam Practice
- Park and St. Francis Surgery
- Denmark Road Medical Centre
- Barton-Webb Peplow Partnership
- Highcliffe Medical Centre
- Gosport Medical Centre
- Wistaria Surgery/Milton Medical Centre

Nottingham

- Elmswood Surgery
- Leen View Surgery
- The Family Medical Practice
- Riverlyn Medical Centre
- Parkside Medical Practice
- Rise Park Surgery
- Fairfields Practice
- Derby Road Medical Centre
- East Leake Medical Group
- Bilsthorpe Surgery
- Brierley Park Medical Centre
- Orchard Medical Practice
- Collingham Medical Centre

Lincolnshire

- Birchwood Medical Practice
- Nettleham Medical Practice
- Lindum Medical Practice
- Richmond Medical Centre
- Welton Family Health Centre
- Glenside Country Practice
- Lakeside Healthcare/Sheepsmarket

Newsletter for the Best Emollient for Eczema

Web: www.bristol.ac.uk/bee-study/

Email: bee-study@bristol.ac.uk Twitter: [@bee_study](https://twitter.com/bee_study)



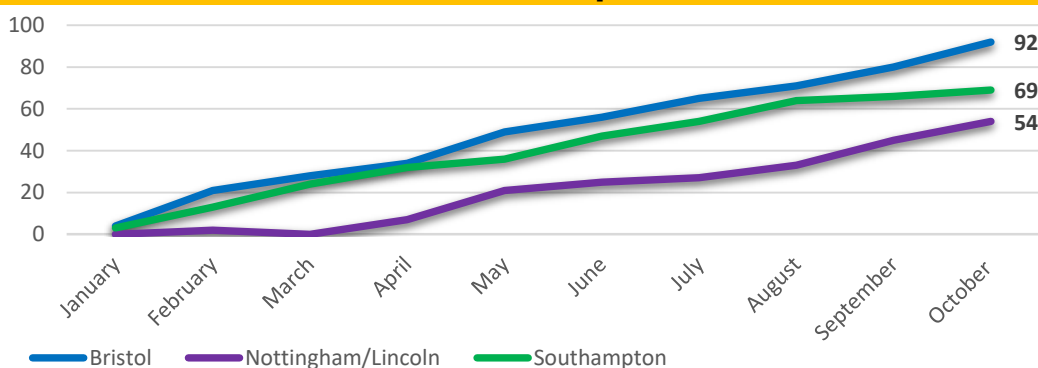
HAPPY HALLOWEEN TO ALL PARTICIPANTS OF THE BEE STUDY



Welcome to your BEE study newsletter where we keep all participants updated with news, information and progress of the study



Recruitment Update



Diaries

Thank you for continuing to fill out your weekly and monthly questionnaires – these are so important. Every answer to every question matters - especially the ones about eczema symptoms and treatment use.

Some diaries are longer than others (weeks 6 and 16 especially) and contain some important additional questions.

Remember that we offer all participants a £10 voucher at their week 16 visit. Your research nurse/CSO will be in touch to make an appointment nearer the time, if this has not been done already. But remember to hide your moisturiser from them when they call!

Don't hesitate to contact the BEE team bee.study@bristol.ac.uk if you have any problems filling in the diaries.

Meet the Team: Sue Davies-Jones, Research Nurse



My role involves recruiting families in Nottingham to the BEE study. I see interested families in their own home or at a local GP surgery to talk about the study and explaining all aspects of it, confirm their eligibility and understanding of BEE, answer any questions they may have before taking an informed consent. I also input data onto the database after the visit and help with phoning families to make their appointments.

Away from work I like spending time with family and friends, especially my two grandsons in North Wales ☺☺ I also look forward to the six nation's rugby every year, proudly wearing my red shirt!



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Have you seen our BEE gallery with all your wonderful coloured in bees? Visit our website: www.bristol.ac.uk/bee-study/



@bee_study

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Halloween and Bonfire Night Advice to Parents

Alongside the fun and excitement of Halloween and Bonfire Night, there are fire hazard risks with some moisturisers so take care in fancy dress around candles, lit pumpkins bonfires, barbeques, sparklers and fireworks. Below are some helpful top eczema tips, to help keep children with eczema safe by understanding and reducing the risks around this time of year.

Our Eczema Story: Bonfire Night Advice

<https://oureczemastory.com/eczema-bonfire-night-advice/>

Halloween: better to use mask rather than face paint? the teal pumpkin movement <https://www.foodallergy.org/education-awareness/teal-pumpkin-project>

7 tips for educating patients about Halloween skin irritants

<http://dermatologytimes.modernmedicine.com/dermatology-times/news/7-tips-educating-patients-about-halloween-skin-irritants>



BEE on Tour: Nottingham



Busy's travels have led him to the East Midlands to inform GPs in Nottingham about the BEE study and to explore the city.

"I enjoyed my time buzzing round the city of Nottingham, learning all about the iconic Robin Hood first at the Castle and Sherwood Forest, home of the Major Oak. I also learnt that Nottingham is known for - Boots the Chemist, Raleigh bikes, traffic lights, running water, the Salvation Army and the MRI scanner which is used in hospitals around the world. After experiencing some breath taking scenes on the University of Nottingham grounds, I then spent some time at the National Ice Arena, training ground for many UK ice skaters including Olympic champions Torvill and Dean, rounding off my trip with a nail biting Nottingham Panthers ice hockey game. Ready for the next location.."



Look out for pictures of Busy's adventures in future tweets and newsletters

BEE Patient and Public Involvement (PPI) Group Update

We held a meeting on the 17th September and three of our group members were able to come along. Eileen updated the group on the qualitative study. She has been interviewing adults and children who are at the 4 and 16 week point after being randomised to one of the 4 types of study moisturiser. Eileen has conducted 18 interviews and presented early findings from a few of the topics that had been raised and these included: *How they cope with flare ups/steroid use; Does their study moisturiser helps with eczema?; Is their study moisturiser easy to use?* Discussions with the group members raised some really useful points that the team took note of and can follow up in interviews and analysis in the coming months. We wrote up a summary of the feedback we received, which was then circulated to Amanda and the other group members who couldn't attend the meeting. A big thank you to all of our PPI contributors - we couldn't do this without you!

A great big THANK YOU to our participants and all involved for your continued participation and support of the BEE study

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